

United Sisters

“ You want to connect with other international female students and share your experiences. In UnitedSisters, you can talk about your own topics, feel more confident in your studies and grow together. Join us and be part of a friendly community where women support each other. ”



Support,
Science, Sisterhood!

Join us!
sisters@tu-freiberg.de
More info:
tu-freiberg.de/career-center/mentoring
Updates via WhatsApp & OPAL



...connect,
share,
and grow
together.





United Sisters

Network and Mentoring
Programm



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Support, Science, Sisterhood!**

<p>Fr, May 22, 2026, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 1: Get to know each other, explore your own questions and discover helpful tips for studying and self-organization. We'll also introduce the workbook.</p>
<p>Wed, May 27, 2026, 17:00–19:00 online</p>	<p>Workshop CareerCenter (engl): In 3 steps to a successful self-presentation</p> 
<p>Fr, June 05, 2026, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 2: Define your personal focus topic and explore language, culture and communication. Includes practical exercises.</p>
<p>Fr, June 19, 2026, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 3: Preparation for the ORTE Career Fair – learn how to talk to companies, meet new people and feel more confident (Workshop with Lena Theiß).</p>
<p>We, June 24, 2026 10:00-15:00 Ulrich-Rülein-von-Calw Sport Hall (Meißner Ring 20c, Freiberg)</p>	<p>ORTE Career Fair Explore different industries, meet companies and make new contacts. No entry fee. No registration needed. Just come by!</p> 
<p>Fr, July 3, 2026, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 4: Work on your topic and explore resilience, self-care and stress management. Includes tips for balance, health, checklists and mindfulness exercises.</p>

<p>Fr, July 10, 2026, 12:30–15:00 ZeHS, Room 3.114 (indoors or outdoors)</p>	<p>Social Event: Join us for a relaxed get-together at ZeHS with a picnic and international food. Reflect together: “Which recipes remind you of home?”</p>
<p>Fr, Sept. 4, 2026, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 5: Time to focus on your own topic – shaped and led by the mentees.</p>
<p>Fr, October 2, 2026, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 6: Time to focus on your own topic – shaped and led by the mentees.</p>
<p>Fr, Novem. 6, 2026, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 7: Work on your topic and explore networks and career paths in Germany. Meet alumni and create your own network map (Workbook).</p>
<p>Fr, Novem. 20, 2026, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 8: Time to focus on your own topic – shaped and led by the mentees.</p>
<p>Fr, Decem. 4, 2026, 12:30–15:00 Kücheneck, Leipziger Str. 1</p>	<p>Social Event: Baking afternoon at Kücheneck. Join us for a cozy time together, baking, talking and sharing.</p>
<p>Fr, January 15, 2027, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 9: Let’s look back together, celebrate your journey and think about your next steps.</p>
<p>Fr, January 29, 2027, 12:30–15:00 ZeHS, Room 3.114</p>	<p>Coaching Session 10: Reflection and future steps – looking back, sharing your journey and planning what comes next. Final reflections and workbook pages: “My path from here.”</p>